

TEACHER RESOURCES
Class 1 to 5

7seas
Value for life

KEYS

Book-1

CHAPTER-1, Exchange Greeting

- A. (a) See you
(b) Fine, Thank you
(c) Good Night
(d) Thanks, Same to you
- B. (a) Good Morning (b) Good afternoon
(c) Good Night (d) Good Evening

CHAPTER-2, I Love My School

- A. (a) May I (b) Sorry (c) Do Not (d) Thank you
- B. (a) Sorry (b) Thank you (c) Welcome (d) Please
- C. (a) Bad (b) Good (c) Good (d) Bad
(e) Bad (f) Good
- D. (a) Do your home work before playing
(b) Ask your brother or sister to help you
(c) Read your school books
(d) Listen to your teacher

CHAPTER-3, May I Help You

- A. (a) Hospital (b) Mall (c) Market (d) School
- B. (a) The Sole of my shoe has broken 3
(b) I am lost 4
(c) I can not solve this sum 2
(d) I am thirsty 5
(e) Where will I live now ? 6
(f) Where is the letter box ? 1

CHAPTER-4, Will You Be My Friend?

Let's Talk

- A. (a) Hello my name is Anuj.
(b) How I can help you?
(c) Your Dress is so beautiful.
(d) I have a ball would you like to play with me?

Conversations

- A. (a) My friend is bossy. He tells me what to do?
(b) My friend is nice. He shares his food with me.
- B. (a) Ha, ha, ha you fell down 2
(b) I don't want to play with you 5
(c) I will not give you my Ice Cream 3
(d) You are so fat. 1
- C. Do yourself
- D. Do yourself

CHAPTER-5, Keeping Safe

- A. (a) Swimming alone ✗
(b) Playing with a knife ✗
(c) Lightning a fire ✗
- B. Do yourself
- C. (a) Fire Fighter (b) Policeman (c) Doctor (d) Swimming Coach
- D. Do yourself

CHAPTER-6, My Neighbours

Activity Work do by yourself

CHAPTER-7, My Beautiful Country

- A. (a) Ganga (b) Mr. Narender Mohan Modi (c) Great County (d) Draupadi murmu
(e) Hindi
- B. (a) Peacock (b) Tiranga (c) Lotus (d) Hockey (e) Tiger

Book-2

CHAPTER-1, Living things

- A. (a) Milk
(b) Food
(c) Plants
(d) Paper
(E) Birds
- B. (a) Elephant (b) Cow (c) Cat (d) Dog (e) Guide dogs
(f) Mare
- C. Do yourself
- D. Do yourself

CHAPTER-2, Eat Healthy Meal

- A. (a) I Drink it ✓
(b) I buy a pencil ✓
(c) I want roti and dall ✓
(d) A fruit ✓
(e) After my meal ✓
- B. Do yourself
- C. Do yourself
- D. Do yourself

CHAPTER-3, Natural is Beautiful

Activity work do by yourself

CHAPTER-4, I Love My Teachers

Do yourself

CHAPTER-5, I Love Great Work

Do yourself

CHAPTER-6, Television

- A. (a) No (b) No (c) No (d) Yes (e) No
B. Do yourself
C. Do yourself
D. Do yourself

CHAPTER-7, Keep Surrounding Clean

- A. (a) House fly (b) Rat (c) Cockroach (d) Mosquito
B. (a) Don't use plastic bags
(b) Water the plants
(c) Put water in the dustbin
(d) Put toys in their place
C. (a) L (b) A (c) W (d) A

Book-3

CHAPTER-1, Always Speak the truth

- A. (a) National Emblem of India is a representative seal of the Republic of India that is adapted from the lion Capital of Ashoka pillar. India adapted it as the state Emblem on 26th January 1950. It's means is Satyamev Jayete or Truth Alone Triumphs.
B. (a) She doesn't deceive (b) He doesn't cheat (c) He is fair in sports (d) He is truthful
C. Do it yourself
D. (a) Ordinary axe (b) Due to his honesty (c) He had lost his axe (d) In a forest

CHAPTER-2, Cheating is Not Good

- A. Do yourself
B. (a) Follow traffic signs
(b) Throw waste in a dustbin
C. (a) You should not swim alone in the pool because it is very deep end of the pool it is not safe you should swim with the instructions of swimming Coach.
(b) You bought a new toy last week so you should not buy more toys.
(c) You should must go school daily otherwise you will fall behind in the class.
(d) You should not run on the staircase otherwise you will fall down and maybe its hurts you.
D. (a) Red (b) Knife (c) Zebra - Crossing (d) Service path (e) Seat Belt

CHAPTER-3, Respecting of Differently Abled people

- A. Do yourself
B. (a) His teacher (b) Other Children (c) Help him to walk easily (d) Polio
C. Do yourself

CHAPTER-4, Good Neighbour

- A. Do yourself
- B. (a) Helpful (b) Tolerant (c) Honest (d) Reliable (e) Friendly
- C. (a) Borrow books from neighbours.
(b) They like to play with us.
(c) It is good is help others.

Twist your Brain

- A. (a) Shared (b) Control (c) Park (d) Party (e) Rubbish (f) Invite
(g) Offer
- B. Do yourself
- C. Do yourself
- D. Do yourself

CHAPTER-5, Believe in Non-Violence

- A. (a) If someone hits your friend.
(b) When you are angry.
(c) TV. Programmes.
(d) Your have hurt another person.
(e) Do not force your wish.
(f) Animals and birds
- B. (a) Gentle (b) Peaceful (c) Quiet (d) Calm (e) Happy
- C. Do yourself

CHAPTER-6, Importance of Team work

- A. Do yourself
- B. (a) Collaboration thoughts
(b) Work looks easy
(c) Work Complete in less time
(d) Work will be Intereseting
- C. (a) Help (b) Understand (c) Share (d) Listen (e) Care (e) Advise

CHAPTER-7, Save the Environment

- A. Do yourself
- B. (a) Electricity Carefully
(b) Land water and air with garbage.
(c) Clothers made from the animals skin and fur.
(d) Plastic
(e) Animals and Plants
(f) to the kabariwala
(g) Cutting trees
(h) While you brush your teeth.
- C. (a) Use paper plants
(b) Plants trees
(c) Carry a Cloth bag
(d) Buy and put things paper bags
(e) Buy soft drinks glass bottle

CHAPTER-8, Let's Do charity

A. Do yourself

B. (a) No (b) Yes (c) Yes (d) No (e) Yes

A. MISSIONARIES OF CHARITY

Book-4

CHAPTER-1, Always Speak the truth

A. (a) Environment (b) Family (c) Friend (d) Community

B. Do it yourself

C. (a) Care (b) Depend (c) Secret (d) Postpone

D. Do it yourself

CHAPTER-2, Cheating is Not Good

A. (a) Elisha's helper

(b) He told Naaman that two people who had come to visit Elisha wanted some.

(c) He lied again and again

B. This quiet often attributed to Mahatma Gandhi highlights the idea that Earth's resources are Sufficient to meet basic human needs but excessive desires or greed can lead to unsustainable exploitation and inequality.

CHAPTER-3, Be Generous

A. Do it yourself

B. (a) K (b) k (c) UK (d) Uk

CHAPTER-4, Being Fearless

A. Do it yourself

B. (a) No bravery is not solely determined by physical strength. Courage Comes in various forms including mental resilience, moral strength and facing challenges with determination.

(b) Being brave in the mind involves having mental facing fears and making Courageous decisions despite uncertainty. On the other hand being brave due to physical strength suggest relying on bodily physical strength suggest relying on bodily Capabilities to confront or navigate difficult situations.

(c) Being brave is more about facing challenge and fears with courage rather than engaging in dangerous or silly activities. True bravery involves thoughtful actions may be risky but have a purpose or positive outcome not just for the sake of recklessness.

CHAPTER-5, Show Politeness

A. In places like Lucknow , India Where there might be a Significant Japanese community these cultural Values likely influence the behavior of the individual Contributing to the perception of Courtesy. It's essential to be recognize that Cultural traits Can be influence by various factors.

B. (a) at the dining table

(b) of any food

(c) without permission.

(d) and if you make one clean it up.

(e) without asking them first.

(d) neat clothes

(e) only asking them first

C. Do it yourself

- D. (a) remain calm (b) go closer and speak softly (c) Switch off our phone

CHAPTER-6, Nobleness of Manpower

Do it yourself

CHAPTER-7, Work Together

- A. (a) a common goal
(b) for one another
(c) one another
(d) for one another
(e) your share of work
(f) to get better everyday
- B. (a) Cooperate with each other
(b) Shared Goals
(c) Encourage collaboration
(d) Clear communication
(e) Recognition and feedback
- C. Do yourself
- D. Do yourself

CHAPTER-8, Never Lose Hope

- A. Do yourself
- (b) One day while heating the stove a fire was caused and it engulfed the entire school in flames and he had also major burns over the lower half of his body.
- (c) Doctors told his mother, he made up his mind that he would survive, somehow to the amazement of the doctors. Fire had destroyed so much flesh in the lower part of his body.
- (d) One fine day his mother wheeled him out into the yard. This day instead of sitting there, he threw himself from the chair. He pulled himself across the grass. Dragging his legs behind him then sake by sake, he began dragging himself along the fence resolved that he would walk.

Book-5

CHAPTER-1, Self Respect

- A. Intelligence, Good looks and aptitude.
- B. For example, constantly telling yourself you're not good enough or measuring your worth based on other achievements can impact your self esteem negatively.
- C. High self-esteem involves a positive and realistic view of oneself fostering confidence and on the other hand arrogance is an exaggerated sense of superiority that often involves belittling others.
- D. Building high self-esteem involves positive actions and mindset. Examples include setting achievable goals. Practicing self-compassion mindset opportunities for learning and improvement.
- E. (a) Who care about you
(b) who put you down
(c) You enjoy and are good at
(d) Your talents
(e) For yourself on your own
(f) For you choices and actions
(g) What you believe is right
(h) Other people
(i) Work hard to archive them

CHAPTER-2, Let's Learn to Forgive

- A. Children around the age of ten may make mistakes such as being disrespectful not following instructions. or engaging in minor dishonesty. seeking forgiveness from elders is essential in these situations.
- B. It was a time when I forgave my classmate he stole my pencil box later he returned it to me. He felt sorry for this he told me he needs it as per he was not able to bought it. I realize it and gave him a new pencil box . After that I felt so happy to do this.
- C. Do it yourself Emotions and experiences
- D. Do it yourself Emotions and experiences
- E. Do it yourself Emotions and experiences

CHAPTER-3, Loyalti

- A. Do it yourself
- B. Do it yourself
- C. (a) talk (b) rumours (c) gossip (d) corong (e) steal (f) bad

Twist your Brain

- A. (a) Loyal commitment to work involves dedication, reliability giving your best effort to fulfill your goals
(b) Loyal commitment to classmate involves supporting and collaborating with them.
(c) Loyal commitment to friend is being there for them with, maintaining trust and offering support in various life situation.
(d) Loyal commitment to neighbour is helping out when needed and build a respectful relationship.
(e) Loyal commitment to family is about offering unwavering support and understanding, share experience.
(f) Loyal commitment to school is respecting rules and polices and contributing to academic and social community
- B. (a) L (b) L (c) DL (d) DL (e) L (f) L (g) L

- C. Do it yourself
- D. Do it yourself

CHAPTER-4, Spend Carefully

- A. Do it yourself
- B. (a) Time (b) Love (c) Happiness (d) Health (e) Memories
- C. (a) (b) (c) (d) (e) (f)

CHAPTER-5, Show Compassion

- A. (a) metaphysics (b) kind (c) gentle (d) racing (e) Loving
(f) disconcerted
- B. Do it yourself
- C. (a) UNICEF (b) NFB (c) AARP (d) WAP (e) UNHCR
- D. (a) Mother Teresa was an Albanian Indian Roman catholic nun and missionary, Renowned for her humanitarian work.
(b) The divine mother is a concept found in various religious and spiritual traditions. The divine mother takes different forms across cultures.
(c) Swami Dyanand Saraswati (1824-1883) was an influential Hindu religious leader and reformer. His teachings had a significant impact on the Hindu reform movements in India during the 19th century.

- (d) Sai Baba refers to two prominent spiritual figures. The first Sai baba of shirdi was an indian saint and fakir revered by both Hindus and Muslims. The second Satya Sai Baba claimed to be reincarnation of the Shirdi Sai Baba.
- E. (a) Saint Francis of Assisi was an Italian Catholic friar and preacher. Known for his deep love for nature and animals.

CHAPTER-6, Conservation of Natural Resources

- A. (a) Help conserve the environment.
(b) Help conserve energy.
(c) Contributing to animal welfare and protect animals from harm.
(d) Contributing to overall environment well-being.
(e) Reduce waste and promote sustainability by maximizing the use of available resources.
(f) Helps reduce environmental pollution.
(g) Help preserve biodiversity.
(h) Promotes recycling and reduces waste.
(i) Help Conserve electricity.
- B. We use the plants in various way like, food, clothing medicine oxygen production etc. One way to care for plants is to ensure they receive adequate water. Watering is essential for their health and growth.
- C. 1 (a) Conserving and protecting animals is essential for the well-being of ecosystems, the health of the planet, and the ethical treatment of living beings.
(b) Protecting soil health is essential for sustainable agriculture ecosystem functioning and overall environment well-being.
(c) Understanding and managing mineral resources sustainably is essential for economic development and environmental conservation.
(d) Conserving and managing water resources sustainably is critical for ensuring its availability for current and future generations and maintaining a healthy environment.
(e) Maintaining air quality is crucial for human health and the health of ecosystems. Efforts to reduce air pollution and minimize the impact of human activities.
- C. 2 We can save our natural resources by follow these points.
(a) Reduce Consumption and reuse items when possible
(b) Conserve energy
(c) Water conservation
(d) Forest Conservation
- C. 3 The depletion or exhaustion of a significant natural resource can have profound and wide-ranging Consequences impacting both the environment and human societies.

CHAPTER-7, Meditation

- A. Meditation is a broader concept involving various practices that cultivate a calm and clear state of mind. concentration is a specific aspect of meditation while concentration is a component of many meditation techniques meditation itself often goes beyond concentration.
- B. The Ideal place for meditation is include :-
(a) Quiet Atmosphere
(b) Comfortable seating
(c) Natural Right
(d) Clean and airy
- C. (a) in a clean place
(b) at home
(c) alone

- (d) quietly
- (e) sitting still
- D. (a) Sit erect
 - (b) Relax your body
 - (c) Close your eyes
 - (d) clasp your hands and let them rest in your lap.
 - (e) Concentrate on a watch or a clock.
 - (f) Breath in and out through your nose slowly.
 - (g) Do not let anything like, noises, thoughts, etc, distract you.
 - (h) Let thoughts flow in and out of your body.
 - (i) Slowly relax and move your hands to loosen them open your eyes.
- E. Do yourself

CHAPTER-8, Be Proud of Your Heritage

- A. (a) Tamil Nadu
 - (b) Kerala
 - (c) Odhisha
 - (d) Uttar Pradesh
 - (e) Manipur
- B. (a) Buhi
 - (b) Garba
 - (c) Bhangra
 - (d) Ghoomar
 - (e) Koli
- C. (a) 22
 - (b) Saree
 - (c) Odhani
 - (d) Lungi
 - (e) South Indian filter
 - (f) Rabindranath Tagore
- D. (a) Sanchi Stupa
 - (b) Taj Mahal
 - (c) Jama Masjid
 - (d) Meenakshi Amman Temple
 - (e) Gate way of India
 - (f) Red Fort
- E. (a) Flute
 - (b) Santoor
 - (c) Sitar
 - (d) Tabla
- F. United Nations Educational Scientific and cultural organization.